



Heartland Board News

Upcoming Events:

- **October 21**
Craft Workshop with
Nicole: Pumpkin Carving,
HSS 3:00PM, bring
pumpkin, steak knife,
and large spoon.
- **October 22**
Scrabble Tournament,
HSS, 1:00PM, \$1 entry
fee.
- **November 4**
Craft Workshop with
Nicole: Autumn Dried
Flower Arranging, HSS,
3:00PM, call for list of
supplies to bring.
- **November 10**
Thanksgiving Dance,
HSS, 7:00PM, Music by
Dixie Slicks, \$3.
- **November 11**
Veteran's Day Program,
12:30 PM.
- **November 12**
Craft Workshop with
Nicole: Candle Making
with Botanicals, HSS,
3:00PM, call for list of
supplies.
- **November 17**
Shopping Trip to Des
Moines, \$15.
- **November 19, Day Trip to**
Ingersoll Dinner Theater
Matinee, "It's a Wonder-
ful Life," \$49, deadline
Nov. 5.
- **November 20**
Annual Thanksgiving
Dinner.
- **November 21**
Jam Session, HSS, 7-
10PM, Free will donation.
- **November 27-28**
Closed for Thanksgiving.

Welcome and Thanks, Part II

This month, Heartland Senior Services would like to welcome the new members of Heartland's Board of Directors; they were elected at the September meeting. The new members include:

- **Craig Beer.** Craig lives in Ames; he is retired from ISU, where he earned a PhD in Agricultural Engineering. He also volunteers at the College for Seniors, Reiman Gardens, Mary Greeley Medical Center and other places. His hobbies include woodworking and photography. Craig and his wife, Janet, were named ISU Parents of the Year in 1984.
- **Cindy Bourke.** Cindy is an Assistant Vice President and Trust Officer at First National Bank. She graduated from ISU with an degree in Business Administration. Cindy, who lives in Ames, has three daughters. She is involved in United Way and enjoys ISU athletics, reading, and family activities.
- **Kurt Friedrich.** Kurt is Secretary/Treasurer at Friedrich Realty, where he works in land development and as a broker in the real estate division. Kurt and his wife, Sindy, have three daughters. He attended St. Olaf College and the University of Iowa. Kurt is active in his church.
- **Dolores Brown.** Dolores is retired from Mary Greeley Medical Center, where she worked

as a medical records administrator. She earned a B.S. from the University of Colorado. Dolores lives in Ames; her special interests include family and travel. Her volunteer work at Collegiate United Methodist Church includes the Board of Trustees, and their "Suited for Work" program. She also volunteers at P.E.O., and the Live and Learn Investment Club.

- **Ann Campbell.** Ann served 16 years on the Ames City Council. She also previously owned and published the Ames Bulletin Board. She is a graduate of Grinnell College and enjoys biking and reading. She is active in the League of Women Voters. Ann has two grown children—Brian and Alison.

We would also like to thank those who just completed their terms on the Board of Directors (all served two terms). **Bob Friedrich** has most recently been actively involved on the Heartland's Marketing Committee. **John Tillo** served as board chair twice. **Jack Frandsen** served as secretary to the board. He has also been actively involved in maintaining the HSS facility. **Meg Speer** served as board chair and secretary. She is currently the chair for our 30th Anniversary Committee.

Welcome to the new board members and thanks to all those who are completing their terms. We appreciate your legacy of service!

Updates from Heartland:

- Meg Speer will give a brief introduction to our 30th anniversary year at the annual Thanksgiving Dinner on November 20. Come celebrate the start of our special year with us!
- A display board with information about Heartland's 30 years of service will be rotated to area churches and businesses. Volunteers will also be visiting the congregational meal sites and city councils with information about the Heartland and its 30th anniversary.

We're on the Web!
www.heartlandseiorservices.com

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