



Heartland Board News

Upcoming Events:

- **May 20**
Heartland 30th Anniversary Dance Fund-raiser, 6:00-9:00PM, Moose Lodge, Ames. Music by Heartland Country Band and Old Timers Band. Tickets: \$8 in advance; \$10 at the door.
- **May 26**
National Senior Health & Fitness Day, HSS, 8:30AM-4:00PM. Activities include exercise, massage sessions, blood pressure checks, nutrition and health programs, door prizes and more.
- **May 31—Closed**
- **June 3**
Band Concert at Bandshell Park, 7:00PM.
- **June 11**
Day Trip to Danish Land (Elk Horn and Kimballton): Immigrant Museum, Danish Windmill and Mermaid Park, \$45.
- **June 14**
Summer Splash Dance, HSS, 7:00PM, music by the Huxley Band, \$3.
- **June 21**
Shopping trip to Des Moines, 9:00AM, \$16, Deadline to register: June 13.

Computer instruction is on-going at HSS. Classroom instruction (8 sessions, \$40) or one-on-one instruction (6 sessions, \$40) is available.

For more information on any of these programs, please contact Deb Hoyt (233-2906). All events open to the public unless otherwise noted.

A Letter from the Executive Director

Dear Board Members & Supporters,

My first three weeks on the job have been busy, interesting and exciting.

As an agency we are planning for the Donor's Breakfast [May 14], Bus Ribbon Cutting Ceremony, Band Shell Event, May solicitation mailing, and Spring Dance. In transit we have received 4 new buses, the MR waiver and new contracts that should help the transit department's finances. I have met with the Area Agency on Aging, Sheila Lundt of the City of Ames, Frankee Olsen of United Way, Jennette Scoles of HIRTA, Ron Mathews and Doug Yetman of the Red Cross, Ron Bourne of Cy-Ride and Betsy Warburton of Bethany. By the board meeting I will have met with Deb Schildroth and the Story Board of Supervisors, Sarah Ollila and Vicki Newell of Mary Greeley and Homeward, and been interviewed by the Register. I also have met with many of the staff members

and am energized by their enthusiasm, hard work and dedication to Heartland.

Wherever I have gone I have heard great things about Heartland, how much it is needed and about the support for it in the future. It has been very rewarding.

I had a good meeting with Betsy Warburton about surveying senior needs throughout the county and planning for the future. Although you have had many of these conversations we again need to talk about Heartland's view of the future and what amount of capital and operating money we can successfully raise in this county to assure that future.

Thank you for the opportunity to serve Heartland. If you have anyone you would like me to meet or talk to please pass their names on to me.

- John Middents

30th Anniversary Dance Planned for May 20

The country and swing sounds of the *Heartland Country Band* and the *Old Timers Band* will be featured at our 30th Anniversary Spring Dance, to be held at the Moose Lodge (Ames) on

Thursday, May 20 from 6-9PM. Tickets are \$8 in advance (available at the Heartland office) and \$10 at the door. The event is a fund raiser for Heartland Senior Services. ♥

Updates from Heartland:

- **Additional Anniversary Year Events:**
June 3—Concert at Ames' Bandshell Park featuring the HSS Senior Band and the Songbirds, 7:00-8:30PM.
July 31—Rummage & Antique Sale Benefit. (Please save your items to donate to the sale!)
Raffle tickets for a quilt are available at the office or through many board members.
- Lois Warme (ISU Professor of Interior Design) and ISU design students Kystal Jansen and Cameron Puetz, in cooperation with HSS board members Carolyn Manning and Mary Ann Barnes, have volunteered their efforts to plan the renovation of the entry and reception rooms at HSS. Our thanks to them and the other volunteers who are working on this new look.

We're on the Web!
www.heartlandseniorservices.com

Heartland Senior Services of Story County

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If you have suggestions or questions about this newsletter, please contact Mary Ross at: maryross50010@msn.com



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