



Forget the workout, just lose yourself in the music and find yourself in shape at the original dance-fitness party. Zumba® classes feature exotic rhythms set to high-energy Latin and international beats. Will also include Zumba toning in the session.

\$28.00

Thursdays, March 29– April 26, 2018
from 4:15-5:15 pm

Not sure? Try it for free on March 22, 2018 at 4:15pm!

To register: Call 515-233-2906 or stop in at
205 S. Walnut Ave.

HEARTLAND
Senior Services
Story County Resources for Successful Aging

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