

Heartland Senior Services  
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**HAPPY HOLIDAYS TO YOU  
AND YOUR FAMILY!!**

**Speaker**

Wed. Dec 5th @12:30pm  
Officer Eric Snyder presentation  
about current and local scams

**Monthly Craft**

Gingerbread Man/Gingerbread  
House Decorating  
Mon. Dec. 10th 12:30

**Monthly Dance**

Tue. Dec. 11th at 7pm at Moose  
Family Center, \$12

**Coloring Workshop**

Wed. Dec 12th & 26th at 1pm


**Holiday Meal**

Join us Wed. Dec 19th @11:30  
for our holiday meal!

**Movie—Elf**

Wed. Dec. 19 at 12:30pm

**Mission:** We offer life-enriching  
opportunities for older adults  
and provide support for their

| Sun   | Mon   | Tue   | Wed  | Thu  | Fri  | Sat  |
|---|---|---|--|--|--|--|
| <b>December is National Bingo Month!</b><br> |   |    |  |  |  | <b>1</b><br>5:30pm Cribbage \$3  |
| <b>2</b><br>12:30 Duplicate Bridge  | <b>3</b><br>7:45am LifeChoices Exercise<br>9:00am Video Exercise<br><br>1:00 Senior Band @ North Grand Mall               | <b>4</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:45am Songbirds<br><br>12:30pm Canasta                                    | <b>5</b><br>9:00am Video Exercise<br><br>12:30 Speaker Officer Eric Snyder: Scams                                    | <b>6</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:30-12 Health Care<br><br>1:00pm Bingo<br>6:30pm Duplicate Bridge  | <b>7</b><br>9:00am Video Exercise<br><br>12:30pm Fri. Afternoon Cards<br><br>7:00pm Jazz Jam \$3 | <b>8</b>   |
| <b>9</b><br>12:30 Duplicate Bridge  | <b>10</b><br>9:00am Video Exercise<br><br>12:30 CRAFT - Gingerbread Man Decorating<br>1:00 Senior Band @ North Grand Mall | <b>11</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:45am Songbirds<br>12:30pm Canasta<br>7:00pm Monthly Dance @ Moose Lodge | <b>12</b><br>9:00am Video Exercise<br><br>1:00pm Coloring Workshop   | <b>13</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:30-12 Health Care<br><br>1:00pm Bingo<br>6:30pm Duplicate Bridge | <b>14</b><br>9:00am Video Exercise<br><br>12:30pm Fri. Afternoon Cards                           | <b>15</b>  |
| <b>16</b><br>12:30 Duplicate Bridge   | <b>17</b><br>7:45am LifeChoices Exercise<br>9:00am Video Exercise<br><br>1:00 Senior Band @ North Grand Mall              | <b>18</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:45am Songbirds<br><br>12:30pm Canasta                                   | <b>19</b><br>9:00am Video Exercise<br>11:30am Holiday Meal<br><br>1:00pm <b>Movie—Elf</b><br><br>7:00pm Jazz Jam \$3 | <b>20</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:30-12 Health Care<br><br>1:00pm Bingo<br>6:30pm Duplicate Bridge | <b>21</b><br>9:00am Video Exercise<br><br>12:30pm Fri. Afternoon Cards                           | <b>22</b>  |
| <b>23</b><br>12:30pm Duplicate Bridge   | <b>24</b><br><b>HSS CLOSED</b>  | <b>25</b><br><b>Happy Holidays</b>  | <b>26</b><br>9:00am Video Exercise<br><br>1:00pm Coloring Workshop   | <b>27</b><br>8:15am Tai Chi II<br>9:00am Tai Chi I<br>9:30-12 Health Care<br><br>1:00pm Bingo<br>6:30pm Duplicate Bridge | <b>28</b><br>9:00am Video Exercise<br><br>12:30pm Fri. Afternoon Cards                           | <b>29</b><br> |
| <b>30</b><br>12:30pm Duplicate Bridge   | <b>31</b><br><b>New Years Eve</b><br><b>HSS CLOSED</b>  | <b>HSS CLOSED</b>   |  |  |  |  |